

## **EXTENDING A LIFELINE®**

*by Beatrice Niemi*

*We encourage and enjoy hearing reports from participants who continue to experience LIFELINE-related activities within their home environments. One such account from Beatrice Niemi of Fitchburg, Massachusetts, is of particular interest since certain details of her experience were later verified in newspaper coverage. As Bea describes it:*

My phone rang about 8:00 a.m. on Tuesday, January 12th. It was a call from Doris, a member of our small nonprofit center, who knew of my *LIFELINE* experience and was calling to ask for my help. She had been awakened in the early morning hours by a close friend and neighbor who told Doris that her son, Paul, had been killed. Doris was shocked, as Paul was only 22, and, as Doris said, 'The nicest boy you could ever meet.' She filled me in on what little she knew of the circumstances, which were that he had been at a gathering and some fellow struck a girl and he intervened and was killed. She then explained that she was calling because both she and her husband had the sense that Paul was 'lost' as she put it. She wanted me to see if I could help him. I asked her to describe him for me and to tell me if he had anyone close to him who had made their transition. It seems that both his grandparents had died and while he was close to them both, it was his grandfather who had died most recently and had done a lot with Paul.

I put on my *LIFELINE* sleep tape and had no trouble finding Paul at Focus 23. He was lying there as though stunned, and I could see that his head was battered and bloody on the right side. (At that time I did not know how Paul had been killed—only that it was in a fight with someone who was abusing a girl.)

When I spoke to Paul, he asked me where he was. He still seemed stunned, but I explained gently where he was and then asked if he would like to go with me to find his grandfather. He assented and after a bit we moved to Focus 27. I took him to my special place, a pyramid-shaped place of Light, and he rested there. I did not have to seek his grandfather; his grandfather just appeared. He said to me that he would take Paul to rest and then be with him to help him move on. They went off, with his grandfather supporting Paul, and I got a message that said, "Paul came in this time to be helpful. He will still be helpful, but in another way, from another plane."

I came back to Focus 1 and called Doris to tell her what had transpired. She was relieved to know he was getting care and was touched by the message, which she said she would relay to his family.

With her letter, Bea enclosed copies of a number of newspaper clippings that made it clear that Paul had died from head injuries (blunt head trauma). Quotations from his memorial service emphasized that he was “a caring young man who believed people are put on earth to help each other.” One speaker noted, “We must in our hearts make meaning out of his life. He was a good man who was always giving.”

*[Editor's Note: Bea is also a TMI Professional Member.]*

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